



NEWS LETTER

 engagement@yiks.co.uk

PCF Updates

PCF NEWS AND SAVE THE DATE

From Wednesday 1st May we will be a new CIO, charitable incorporated organisation, independent from our host company YIKS. We will be emailing you with updates to our contact details and social media over the next weeks.

MEANWHILE you are invited to our launch event with lunch on Weds 1st May 12:00 – 2:00pm venue tbc



Coffee Morning

Come Join us for a peer support coffee morning. All welcome.

Monday 15th April 10am

The Range Cafe
Huntington

Online Listening Event with CAMHS

Meet senior professionals from CAMHS and use this opportunity to give feedback based on your experiences or ask questions.

Tuesday 16th April at 6pm

Email pcf@yiks.co.uk for a joining link





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Cuppa n chat

<https://teams.live.com/join/9496978108260?p=chF36fj0gloFka1z>

This is an informal online "coffee" event (although rumour has it some may bring wine !)

With no agenda, like our in person coffee mornings, this is an opportunity to meet other parents and carers with lived experience like yourself. Share news and handy hints or just enjoy a natter

All are very welcome

Weds 27th March 7pm



We believe that all children and young people in York deserve the best start and the chance to thrive. Every family, child and young person should be able to get help, information and support at the right time and place. They should be able to reach their full potential and lead healthy, happy lives.

Families and communities help provide a foundation for children and young people to grow, develop and feel safe. Raise York brings together children; young people; families; communities and professionals so everyone can get the connections, help and support they want and need.

Raise York is a network of people, places and online support. It supports children, young people and families from pregnancy to adulthood. You can expect a warm welcome in your local community and to be guided to the right support for you

We are looking for parents/carers and young people who would like to coproduce (offer their ideas and opinions and on going input to get the provisions that is best for you and your family.

If you would be happy to participate, have any thoughts or ideas or would like more information

Please contact Melanie Elkan, melanie.elkan@york.gov.uk

Senses holiday activities

The Burnholme Drop Ins are on Tuesdays and Thursdays during the Easter holidays.

9am to 11am All SEN

11am to 1pm SENSEs exclusive (Hob Moor Oaks and Applefields main site only).

Entry Free

Choice of activities inflatables, football, table tennis etc



On Safari



Monday 25th March

Let's go travelling!



Friday 5th April

IMP's Holiday Club: On Safari

Monday 25th March

Ages 5-11: 10am-12pm

Ages 11+: 1.30pm-3.30pm

IMP's Holiday Club: Let's go travelling!

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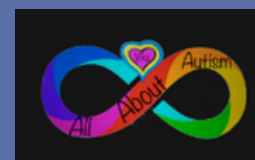
Where: New Earswick Folk Hall, Hawthorn Terrace, YO32

Cost: £10 (subsidies and sibling discounts available, just ask!)

To book your place, email imps@aamedia.org.uk or call 01904 626965

<https://yiksaaa.org/>

Check out activities and holiday clubs available at the autism hub on all about autism website



Wacky Warehouse, Flying Legends, Clifton Moor

SEND sessions are as follows over the Easter holidays and can be booked on <https://www.wackywarehouse.co.uk/play-area/north-yorkshire/flying-legends/book>

Tuesday evenings 5pm - 7pm
Sunday mornings 9am - 11 am
Siblings may come along too

Sunday evening sessions 5pm to 7pm alternate between younger children or older children who may be above the height / age limit but would enjoy the soft play
Sunday 24th 5pm to 7pm older
Sunday 31st March 5pm to 7pm Younger



Cinema

City Screen, York.

Autism friendly screenings on third Sunday of every month. An environment welcoming for young people with autism or learning disabilities

Vue York

Autism friendly screenings 10:30 am on the last Sunday of every month. Low lights and volume. No adverts or trailers. Viewers encouraged to move around and make noise.



Inclusive activities at Better Gym, Community Stadium, Monks Cross

<https://bookings.better.org.uk/location/york-leisure-centre>

INCLUSIVE SWIM

Sat 23rd March 16:20 - 17:20

Sat 30th March 16:20 - 17:20

Sat 6th April 16:20 - 17:20

INCLUSIVE CLIP N CLIMB

Fri 22nd March 17:55 - 18:55

Fri 29th March 17:55 - 18:55

Fri 5th April 17:55 - 18:55

BETTER

