Theme	Vocabulary Used
Being Me In My World (Autumn 1)	Goals
	Worries
	Fears
	Value
	Welcome
	Choice
	Ghana, West Africa, Cocoa plantation, Cocoa pods,
	Machete)
	Rights and Responsibilities
	Community Education
	Wants
	Needs
	Maslow
	Empathy/Empathise
	Comparison
	Opportunities
	Behaviour
	Rewards and Consequences
	Learning Charter
	Obstacles
	Cooperation and Collaboration
	Legal/Illegal
	Lawful
	Participation
	Motivation
	Democracy
	Decision
	Proud
Celebrating Difference (Autumn 2)	Normal
Including CHPA Friendship Week and National Anti-	Ability
Bullying Week (November)	Disability
	Visual impairment
	Empathy
	Perception
	Medication
	Vision
	Blind
	Male
	Female
	Diversity
	Transgender
	Gender diversity
	Courage
	Fairness
	Rights and Responsibilities
	Power
	Struggle
	Imbalance
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	Control
	Harassment
	Bullying behaviour
	Direct/Indirect
	Argument
	Recipient
	Para Olympian
	Achievement
	Accolade
	Disability
	Perseverance
	Admiration
	Stamina
	Celebration
	Difference
	Conflict
Dreams and Goals (Spring 1)	Dream
	Норе
	Goal
	Learning
	Strengths
	Stretch
	Achievement
	Personal
	Realistic/Unrealistic
	Feeling
	Achievement
	Success Criteria
	Learning steps
	Money
	Suffering
	Concern
	Hardship
	Sponsorship
	Empathy
	Motivation
	Admire
	Respect
	Praise
	Compliment
	Contribution
	Recognition
Healthy Me (Spring 2)	Responsibility
	Choice
	Immunisation
	Prevention
	Drugs
	Effects
	Motivation

	Prescribed
	Unrestricted
	Over-the-counter
	Restricted
	Illegal
	Volatile substances
	Synthetic highs
	New psychoactive substances
	Exploited
	Vulnerable
	Drugs
	Criminal
	Illegal
	Gangs/Gang Pressure
	Strategies
	Reputation
	Anti-social behaviour
	Crime
	Mental health
	Emotional health
	Mental illness
	Symptoms
	Stress
	Triggers
	Managing stress
Deletiensking (Comment)	Pressure
Relationships (Summer 1)	Mental health
	Ashamed
	Stigma
	Stress
	Anxiety
	Support
	Worried
	Warning
	Self-harm
	Emotions and Feelings (Sadness, Loss, Grief, Denial,
	Despair, Guilt, Shock, Hopelessness, Anger)
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control Authority
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control Authority Bullying
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control Authority Bullying Assertive
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control Authority Bullying Assertive Strategies
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control Authority Bullying Assertive Strategies Risks
	Despair, Guilt, Shock, Hopelessness, Anger) Acceptance Bereavement Coping strategies Power Control Authority Bullying Assertive Strategies Risks Pressure

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	Real/Fake
	True/untrue
	Assertiveness
	Judgement
	Communication
	Technology
	Power
	Control
	Cyberbullying
	Abuse
	Safety
Changing Me (Summer 2)	Self-image
	Self-esteem
Including more of a specific focus on RSE.	
	Real self
	Celebrity
	Opportunities
	Freedoms
	Responsibilities
	Pregnancy
	Embryo
	Fetus
	Placenta
	Umbilical cord
	Labour
	Contractions
	Cervix
	Midwife
	Attraction
	Relationship
	Pressure
	Love
	Sexting
	Self-esteem
	Negative body-talk
	Choice
	Feelings/emotions
	Challenge
	Mental health
	Transition
	Secondary
	Looking forward
	Journey
	Worries
	Anxiety
	Hopes
	Excitement
	Words associated with puberty: pubic hair, voice
	breaks, menstruation, semen, growing taller, hips
	widen, facial hair, tampon, breasts, hormones,

ovulation, sanitary towel, testicles, sperm, underarm hair, penis, feeling moody, vagina/vaginal opening, vulva, womb, uterus, fallopian tube, trust, respect,