

Menu will be running – W/C 20th Nov, 11th Dec 2023, 22nd Jan, 4th Mar 2024

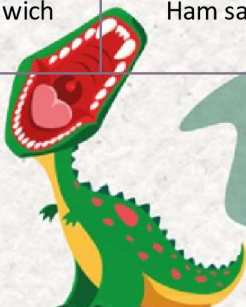
5
A DAY



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Pasta served. with tomato sauce (Sauce optional) and cheese	Beef Bolognaises with pasta	Roast Turkey, Roast Potato Yorkshire pudding and gravy	Build a burger day. Beef burger in a bun Lettuce, onion, tomato	Fish Fingers with chips
Vegetarian Main Dish 5 A DAY	Sweet and Sour Vegan nuggets (Sauce optional) with Rice	Cheese Pizza Julien fries with skins on	Cheese pasty	Build a burger day. southern style Quorn burger in a bun Lettuce, onion, tomato	Vegetable fingers with chips
Accompaniments 5 A DAY	Seasonal vegetables Baked beans	Seasonal vegetables Baked beans	Seasonal vegetables Baked beans	Seasonal vegetables Baked beans	Seasonal vegetables Baked beans
Desserts	Cheese and biscuit With Fruit pots 5 A DAY	Ginger cookie 	Chocolate crispy 5 A DAY	Iced Lemon cake	Fruity Friday 5 A DAY
Fresh Fruit or Yoghurt	Fresh fruit or yoghurt Fresh bread Salad bar	Fresh fruit or yoghurt Fresh bread Salad bar	Fresh fruit or yoghurt Fresh bread Salad bar	Fresh fruit or yoghurt Fresh bread Salad bar	Fresh fruit or yoghurt Fresh bread Salad bar
Jacket Potato or Sandwich	Jacket potato Cheese sandwich	Jacket potato Ham sandwich	Jacket potato Tuna Mayo sandwich	Jacket potato Ham sandwich	Jacket potato Cheese sandwich



MENU



Quench your thirst with
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MEAT
FREE

- MEAT FREE MONDAY

5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE