

Headlands Primary School: Monday 2nd October 2023

School Census Day: Reception and Key Stage One School Dinners



All children in Reception and Year1/2 classes are entitled to a free school meal but not everyone takes up this offer. In order for the school to pay for this service we receive funding for next year from the Government based on the number of Reception and Year1/2 children who have a school dinner on **Thursday 5th October**, School Census day. If a child does not have a hot dinner on this day but then takes the free meal for the rest of the year, school receives no funding for this.

Census day is when the Local Authorities collect information electronically from every school in their area, partly to guide them in planning and funding. They collect details such as pupil numbers, numbers of pupils with Special Educational Needs, entitled to Pupil Premium funding, entitled to Free School Meals, attendance information and so forth. One thing in particular they are looking at this term is the number of children taking the Universal Infant Free School Meal (UIFSM), to provide schools with appropriate funding for this service for the next year.

Please would you consider sending your child for a hot dinner this Thursday. The School Office will order a hot meal for all Reception and Year 1/2 children on that day, but you can still send in a packed lunch with your child, although they could maybe try a little of the school lunch too. Hopefully it will also create some enthusiasm amongst the children who don't normally take the meals and lead to more of them eating over the rest of the school year. You can order yourself for your child using the School Money System, if you prefer.

The Menu for Thursday 5th October is:

- Fish Fingers with Chips or Puff Pastry Cheese Pinwheel with Chips
- Seasonal Vegetables
- Pudding is 'Celebration Census Cake', or Fresh Fruit Pot, yoghurt or piece of fruit.
- If your child does not like the main meal, there is a Jacket Potato alternative with Tuna, Cheese or Beans or a Ham Sandwich.
- There is also a salad bar with a wide range of choices such as cucumber, grapes, raisons, mange tout, tomatoes, blueberries, orange, honey dew and water melon and fresh French bread daily.



Thank you for your continued support.



World Mental Health: 10th October 2023

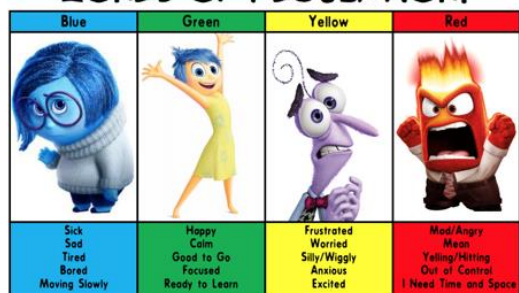


World Mental Health Day is about raising awareness of mental health and driving positive change for everyone's mental health.

On this day, in their classes the children will be looking at 'the zones of regulation' and carrying out discussion on how to keep their minds healthy as well as their bodies.

Please refer to the website for 'Tips for talking to someone about their mental health' <https://www.mentalhealth.org.uk/our-work/public-engagement/world-mental-health-day>

ZONES OF REGULATION!



At Headlands we use the 'Zones of regulation' as a framework for teaching and practicing the skills of self-regulation to develop children's independence to control their behaviour. This allows a consistent approach across the school as we have a common language with which to discuss emotions and how to regulate feelings.

Within the 'Zones of regulation' there is a progression of skills and vocabulary as the children move up through school.



is based on four colours to support self-regulation and emotional control. From time to time we all come across circumstances when we are less regulated. This provides a useful toolkit for helping support our mental health in school.

The framework helps children identify emotions, triggers and develop problem solving skills to manage emotions. It

For further information about how we use the Zone of Regulation in school please go to our website:

<https://www.headlandsprimary.org.uk/page/?title=Zones+of+Regulation&pid=89>

Extra-curricular Clubs Autumn 2023



We are delighted to confirm the clubs running in Autumn 2023.

Please visit the 'Parents' section on the school website for specific club letters and leaflets:

<https://www.headlandsprimary.org.uk/page/?title=Letters+Home&pid=16>

Day	Before School	Lunchtime	After School
Monday	Y 1/2 Total Sports Dodgeball	Y 3/4 Craft Club	Y1/2 Wild Gardening Club, Mr Mulholland
Tuesday	Y3/4 Total Sport Basketball Y3/4 Maths Club, Miss Welch		School Football Team Mr Bissett Y 3/4 Wild Gardening Club, Mr Mulholland

Wednesday	Y 3/4/5/6 ABC KS2 Tennis	Y5/6 Run a Mile Club Mrs. Long	Y4/5/6 Girls' Football Mr Bissett Y 5/6 Wild Gardening Club, Mr Mulholland
Thursday	Y 1/2 Kinesis Dance TBC Y3/4 Maths Club, Miss Welch	Y 3/4 Run a mile, Mrs. Fowler (break time)	York City Foundation Football Y1-6 Take Note Choir, Miss King
Friday	Y 5/6 Total Sports Basketball		



Please remember that the deadline for Year 6 applications for secondary schools is 31st October 2023.

Dates for your diary

05.10.2023: School dinner census day
 10.10.2023: World Mental Health Day
 13.10.2023: PTA Christmas card art work sent home
 17.10.2023: PTA Christmas card art work returned to school
 23.10.2023- 26.10.2023: 'Celebrating Diversity' in school
 26.10.2023: School disco
 26.10.2023: School closes for half term
 27.10.2023: School closed Training Day
 06.11.2023: School starts



Best wishes,
 Headlands Primary School

"TEACHERS CARE ABOUT PUPILS AND HELP THEM TO DO THEIR BEST. THIS CARE AND SUPPORT IS A STRENGTH OF THE SCHOOL. RELATIONSHIPS IN SCHOOL ARE STRONG BETWEEN STAFF AND PUPILS." - OFSTED 2022



OPEN EVENING

TUESDAY 10TH OCTOBER 6PM - 8PM

We warmly invite prospective students and their parents / carers to tour the School and meet staff and students. Mr Hewitt, Head Teacher, will be giving talks at 6.10pm and 6:50 pm in the main school hall.

The Joseph Rowntree School is committed to developing each student as an individual. Every child really does matter. We want every student to achieve their potential in all areas of School life and to develop into caring, responsible and successful citizens.

WWW.JOSEPHROWNTREE.CO.UK

EMAIL: CONTACT@JOSEPHROWNTREESCHOOL.YORK.SCH.UK





Holiday Activity Session

Thursday 2nd November

12.30pm - 2pm

at the New Earswick Folk Hall



Join Hoglets Theatre for a funny, energetic and spooky themed performance, followed by a puppet making workshop.

All family members welcome for food and activities. Most suitable for 3-11yrs. FREE pack up lunch and a cooked meal to take away. All children must be accompanied by an adult.

Limited places available, please book your space by contacting the Folk Hall reception in person or on 01904 769621

Supported by:



JRHT JOSEPH
ROUNTREE
HOUSING TRUST





Bonfire & Firework Spectacular

Sunday 5 November

Huge Bonfire : Loads of Fireworks
Delicious Food : Hot Drinks : Bar
YO1 Radio Roadshow on stage from 5.00

Gates open 5.00 : Bonfire lit 6.15 : Fireworks 7.00 : Event closes 9.00

Tickets: Adult £12, Child (5-16) £6 Under 5s Free

on sale in Poppleton from

Monday 2nd October to Sunday 29th October

at Poppleton Social, Cardland, Poppleton Post Office and NISA

also available on line until sold out at

poppletoncentre.org.uk

Tickets will not be available on the gate

**PLEASE WALK, USE PUBLIC TRANSPORT OR
FREE PARKING & FREE SHUTTLE BUS**

AT POPPLETON BAR P&R ON A59

From 5.00 Last return bus 9.15

Our sponsors



THE POPPLETON CENTRE, MAIN STREET, UPPER POPPLETON, YORK YO26 6JT