










WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese Pizza 	Vegetable meatballs with wholemeal pasta	Roast Turkey, roast potatoes and gravy	Pork sausage roll with potato wedges	Fish fingers with chips
VEGETARIAN MAIN DISH	 Cheese Pasty	Pasta in tomato sauce with cheese	Quorn fillet with roast potatoes and gravy	 Vegetable sausage roll with potato wedges	Quorn dipper with chips
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Mango and banana cake 	Fruit and ice cream 	Ginger biscuit 	Lemon cake and custard 	Fruity Friday 
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO OR SANDWICH SELECTION	Jacket potato Cheese sandwich	Jacket potato Ham sandwich	Jacket potato Tuna Mayonnaise sandwich	Jacket potato Ham sandwich	Jacket potato Cheese sandwich



MENU



Quench your thirst with
free fresh drinking water
available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE