

## Menu will be running - W/C 31st Oct. 21st Nov. 12th Dec. 2nd, 23rd Jan. 20th Feb, 13th Mar.



WEEK1	MONDAY (	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Quorn Dippers With Potato Wedges	Cottage Pie Minced Beef Topped with Sliced Potato	Sausage with Roast Potato, Gravy & Yorkshire Pudding	Cheese Pizza	Fish Pieces with Chips
VEGETARIAN MAIN DISH	Pasta With optional Tomato Sauce And Cheese	Cheese Pasty	Vegetarian Sausage Roast Potato Yorkshire Pudding With Gravy	Cheese Pizza Baguette	Quorn Burger with Chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Flapjack	Shortbread And Fruit	Chocolate Crunch	Chocolate Apple Cake and Chocolate Custard	Fruit and Ice Cream
FRESH FRUIT OR YOGHURT	Fresh fruit pot or piece of fruit	Fresh fruit pot or piece of fruit	Fresh fruit pot or piece of fruit	Fresh fruit pot or piece of fruit	Fresh fruit pot or piece of fruit
JACKET POTATO OR SANDWICH SELECTION	Jacket Potato Cheese Sandwich	Jacket Potato Ham Sandwich	Jacket Potato Tuna Mayonnaise Sandwich	Jacket Potato Ham Sandwich	Jacket Potato Cheese Sandwich



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE