



JUNE 2026 ONE OFF SESSIONS AT SEND CENTRAL IN COLLABORATION WITH PARENT CARER FORUM YORK

Friday 5th June 2026 10- 11.30 SEND CENTRAL at Tang Hall Explore Library

SEND central will be holding a pop up stand at Tang Hall explore library with the SEND hub manager, a member of Parent Carer Forum York and an NHS transitions nurse. Please pop and see us if you would like to discuss anything around SEND.

Thursday 11th June 11am - 12pm Wellbeing workshop for parents and carers of children and young people who have SEND

A wellbeing workshop led by Ashley Watson- who is leading in good mental health for carers from the CVS. This session invites parents and carers to explore the Five Ways to Wellbeing. Through interactive activities and discussion, we will explore small, practical actions that can support our wellbeing.

This is a safe space to reflect, recharge, and reimagine what wellbeing looks like for yourself and for all parents and carers across York. (Held at SEND CENTRAL)

Friday 26th June 12pm- 1pm A Multi Agency Preparation for Adulthood Drop In

SEND CENTRAL are hosting a multi agency drop in that consists of The City of York Specialist Learning & Employment Adviser (SLEA) Team offering a drop in around support and pathways that may be available for young people Post 16 in York, a Preparation for Adulthood Social worker representative from the Disabled Children's Service and Adults Social Care and our NHS Transitions Nurse. (Held at SEND CENTRAL)

Tuesday 30th June 1- 2pm Barriers to school attendance

An information session led by the Educational Psychology Team around understanding barriers to school attendance and how to support your child or young person when they are experiencing significant barriers to school engagement. No need to book just come along. If the weather is nice we may hold this workshop in our outdoor space. (Held at SEND CENTRAL)

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