



Think Together at SEND CENTRAL June 2026

Think Together are a team of mental health practitioners who can support when mental health difficulties first present. They can support with advice and information giving, as well as signposting to local services, which may be able to support with your child/ young person 's mental health. A way in which this support will be offered is through workshops. Please see the below workshops which have been arranged for parents/carers at SEND CENTRAL, to attend in June

10th June 10am - 11.30am Understanding Autism and how to refer for an assessment in CAMHS.

This workshop has been designed to support parents/carers to learn more about Autism Spectrum Condition. This workshop features identifying common characteristics of Autism and how to access an autism assessment with specialist CAMHS. We will provide information and resources to inform support strategies and adjustments to manage support needs that can present with Autism.

We would recommend this workshop for parents/carers considering an autism assessment or if their child has been recently diagnosed to help support understanding.

17th June 10am- 11.30am Introduction to Anxiety for Parents and Carers.

A workshop for parents/ carers to learn about Anxiety and how it can present in young people. This will include advice on how to manage symptoms of Anxiety and information about local services.

24th June 10am- 11.30am Understanding ADHD and how to refer for an assessment in CAMHS.

This workshop has been designed to support parents/carers to learn more about Attention Deficit Hyperactivity Disorder (ADHD). This workshop features identifying common characteristics of ADHD and how to access an ADHD assessment with specialist CAMHS services. We will provide information and resources to inform support strategies and adjustments to manage support needs.

We would recommend this workshop for parents/carers considering an ADHD assessment or if their child has been recently diagnosed to help support understanding.

No Need To Book Just Come Along

All held at SEND CENTRAL, Children's Centre on the site of Clifton Green Primary School, Water Lane York
YO30 6JA Tel: 01904 555076 Email: SENDCENTRAL@york.gov.uk

