



Headlands Community Primary School

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8th May 2026

SUBJECT: Review of Headlands Primary School PSHE/ RSHE Policy

Dear Parents and Carers,

We are writing to inform you about updates to our PSHE (Personal, Social, Health and Economic Education), including Relationships and Sex Education (RSHE) policy.

We are currently reviewing our PSHE curriculum in line with the Department for Education's updated statutory guidance for Relationships, Sex and Health Education (2025), which will be implemented from September 2026. This is a valuable opportunity to ensure our curriculum remains up to date, while continuing to focus on the key knowledge and skills children need to navigate life with confidence.

At Headlands, we use the Jigsaw programme as our PSHE scheme of work. This includes six half-term units: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. These units support children's emotional literacy, resilience, self-esteem and understanding of positive relationships.

The updated guidance builds on the strong foundations already in place, meaning our approach remains largely the same, while ensuring it reflects the world children are growing up in. As part of this review, we are also considering how best to tailor the programme to meet the needs of our school community.

We would really value your feedback on our new draft PSHE policy. Please take some time to review the 'policy in a nutshell' document, and if you have any questions, concerns, or suggestions, do not hesitate to contact me via the school email.

Thank you for your continued support.

Kind regards,
Vicky Benson
PSHE Lead