



# YORK INSPIRATIONAL KIDS NEWSLETTER

Dec  
2025

## WELCOME

From Ruth Thompson,  
our CEO...



As we dive head first into December rushing around preparing for Christmas, please take time to join us at our 3<sup>rd</sup> Inclusive Carol Concert at the magnificent York Minster. See the advert further in this newsletter.

We have also decorated a Christmas tree, which is in the Lady Chapel at York Minster. The decorations have been made by our children in their various clubs. Please vote for us!

Our groups continue to thrive and it has been a pleasure to see them being creative and enjoying various activities. There is a lot happening throughout Dec.

On behalf of all at York Inspirational Kids we would like to wish you a very Merry Christmas.



## THIS MONTH AT YIKS

**Sat Club** - what have we been doing and what are we up to next half term?

**Post 16** - enjoy a look at our many photos of our activities and see what we have to look forward to from Nov

**SIBS** - we've been busy this half term having so much fun

**Autism hub** - lots of fun, chilling and being with our friends. We have our holiday clubs to enjoy too

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[www.yiks.co.uk](http://www.yiks.co.uk)



# All About Autism

in conjunction with the City of York Council



We've had great fun playing outside when it's dry and playing indoors. We've also made some decorations of our York Minster Christmas Tree

Please note we are closed from 22 Dec and reopen on **Monday 5 January 2026**



Check out our 'Yiks ausome kids' facebook page for a walk around the hub. You can see what to do on arrival and what to expect in our hub.



**Eils O'Brien - YIKs AAA Supervisor**



## Weekly Clubs

A safe place to make friends and have fun.

<b>Monday</b>	<b>4-8 years</b>	<b>4.30-6.30pm</b>
<b>Tuesday</b>	<b>8-10 years</b>	<b>4.30-6.30pm</b>
<b>Wednesday</b>	<b>10-12 years</b>	<b>4.30-6.30pm</b>
<b>Friday</b>	<b>13-18 years</b>	<b>5.30-7.30pm</b>



# Post 16 Group



## POST 16 ACTIVITIES

All events are held at the SEND Centre, YO30 6JA Thursdays 6.30-8pm £3pp unless otherwise stated.

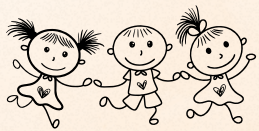
We've had great fun meeting Policeman James, visiting the pub, bun decorating and a budgeting quiz.

£3pp unless otherwise specified  
50p per snack

Email [events@yiks.co.uk](mailto:events@yiks.co.uk) for more information

## WHAT'S NEXT?

- 4 Dec- Zootropolis at Vue £10pp
- 11 Dec- Christmas Dinner at Toby Carvery
- 18 Dec- Pyjama Night for a Christmas movie and popcorn
- 20 Dec- Ice skating and Christmas gift buying £20pp
- 8 Jan - Welcome back games night



# SIBS

## CLUB

Our next group will be held on  
**Tuesday 2 Dec 2025 -**  
 Christmas card making  
**Tuesday 16 Dec 2025 -**  
 Christmas Jumper Pizza Party  
**Tuesday 6 Jan 2026 -**  
 Welcome Back



### SIBLING ONLY EVENTS



Sibs Group runs fortnightly on a Tuesday evening - 6:30pm - 8pm (term-time only). Siblings aged 8+ only. £3.00 per child (50p per snack)



## SEN 0-5 years drop in

Wednesday 3 Dec 2025



NEW MONTHLY SESSIONS!!  
 1ST WEDNESDAY  
 TERM TIME ONLY  
 09:30-11AM  
 CLIFTON CHILDREN'S CENTRE  
 YORK  
 YO30 6JA  
**SEN Parent and Baby/Toddler Drop-in**



Our 0-5 years drop ins are free, (donations welcome for tea and coffee) no need to book and a great opportunity to meet other like-minded parents for a cuppa and a chat whilst your little ones play and explore. Here are the dates of our next sessions:  
**7 Jan, 4 Feb and 4 March 2026**



# SATURDAY CLUB



## What's coming up?

6 Dec - Christmas biscuits and a visit from Santa

17 Jan - Calendar making

Clifton Children's Centre.

£3 per child

50p a snack

Donations towards drinks and teas/coffees for

Parents/Carers welcome.

Siblings Welcome



## Spring Into Action - Youth Voice

A chance for your young person to have their voice heard and influence change.

**Back in January Senior (12-25 years) 6.30-7.30pm**

This month we have been hearing about education and what is important to our young people. They have some very valid points!

Do you like the new logo? This has been designed by the talented Emily Richardson, one of young people and depicts the young people it represents.

Well done Emily!



**WE NEED  
YOUR HELP**

**Fundraising  
EVENT**

**21 Dec 2025**

We need your help bucket collecting at Tesco Clifton Moor please. 10-2pm. Wear your Christmas hat/jumper



**Fundraising ...**



**REWARDING** New skills  
**Sociable**  
**Fun** friendships  
**inspiring** team work  
**events**



**ASDA**

**THANK  
YOU**

Thank you to all our helpers at Asda. We appreciate you giving your time. We raised **£131.60**



The Christmas Tree festival is now open at [York Minster](#) . Please pop along and see our tree which is in the Lady Chapel. Voting is open too (see link below). Please vote for us. All the decorations having been lovingly made by our children. You can visit the trees up to 5 January 2026 and is FREE for York residents (take proof of your address).

## Carol Concert Rehearsal

Do you want to join us singing at York Minster? Join us for our rehearsals on the following dates:

Sat 6 Dec 12.15-1pm  
All at Clifton Children's Centre YO30 6JA



<https://yorkminster.org/tree-festival-voting>



# YORK MINSTER

## SEN CHILDREN'S CAROL SERVICE

7 December 2025

1:45–2:45PM



*Christmas*



Everyone welcome

Entry is FREE but please prebook your tickets at

<https://buytickets.at/yorkinspirationalkidscic/1846504>

## .... & Breathe



Don't forget to pop along anytime between 9.30-11am to discuss all your SEND needs. Every Thursday term time only.

DEC



Parent Lead  
Ruth Appleby

## YIKs Peer Mentoring Service

### What is Peer Mentoring?

Peer mentoring involves people using their own life experiences to share understanding, and promote improved well-being with others. It's about sharing knowledge, experience and practical help with each other, to improve emotional and mental health, while creating a sense of belonging. Having a child/children with any form of SEND can be lonely, isolating, and leave us feeling like we are losing a little of ourselves. YIKs Peer Mentoring aims to help you change this.

### Peer Mentoring at YIKs

At YIKs, we understand that being a parent carer can be a lonely, isolating and overwhelming place at times, which is why we are very excited to be able to expand the level of parent support we can now offer.

Amy and her team of peer mentors are available to meet for 6 sessions and provide signposting, support and a listening ear.

### What Next?

If you would like to register for Peer Mentoring then please email [ruth.appleby@yiks.co.uk](mailto:ruth.appleby@yiks.co.uk) for a registration form. Once completed, return the form to Ruth.

## PARENT SUPPORT

### PARENT/CARER SUPPORT LINE

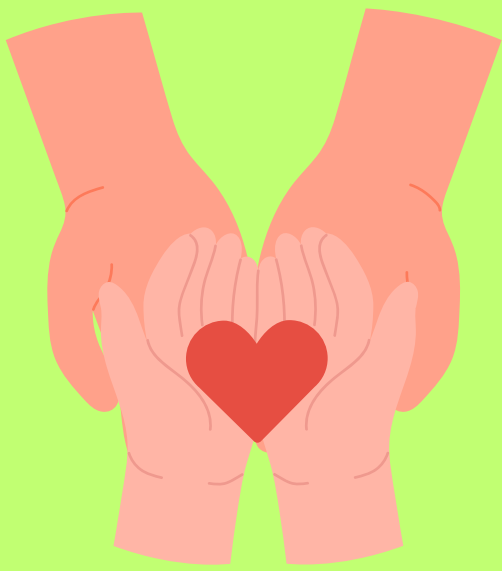
We are pleased to launch our confidential telephone support service, available to parents/carers of children with SEND looking for support and signposting.

Monday Mornings 9.30 am-11.30am  
Term time only

Slots of up to 20 minutes are available.

To Book a slot please email [ruth.appleby@yiks.co.uk](mailto:ruth.appleby@yiks.co.uk) with your name and contact telephone number by 5 pm Thursday and you will be sent a time slot for the following Monday.

Slots will be given on a first-come first-serve basis.



# Parent Support



Autism Support for Parents from the Specialist Teaching Team for Autism  
Wednesdays Autumn 2025



## Weekly Parent/Carer Afternoon Drop-in Sessions at SEND Central

In-person drop-in support, **Wednesday afternoons, 1.30-2.30 p.m. at the YIKS All About AuSm Hub, Clifton SEND Hub, (In front of Clifton Green School), YO30 6BF.** No need to book, just come along and meet a Specialist teacher and a Specialist TA from the AuSm Team and other parents to discuss general issues and concerns, find information and look at some useful resources.

- Wednesday 3rd September 1.30 - 2.30 p.m.
- Wednesday 10th September 1.30 - 2.30 p.m.
- Wednesday 17th September 1.30 - 2.30 p.m.
- Wednesday 24th September 1.30 - 2.30 p.m.
- Wednesday 1st October 1.30 - 2.30 p.m.
- Wednesday 8th October 1.30 - 2.30 p.m.
- Wednesday 15th October 1.30 - 2.30 p.m.
- Wednesday 5th November 1.30 - 2.30 p.m.
- Wednesday 12th November 1.30 - 2.30 p.m.
- Wednesday 19th November 1.30 - 2.30 p.m.
- Wednesday 26th November 1.30 - 2.30 p.m.
- Wednesday 3rd December 1.30 - 2.30 p.m.
- Wednesday 10th December 1.30 - 2.30 p.m.

## Fortnightly Morning Phone line Sessions

To book a 20 minute phone line call within the sessions below, please email [parentcarerau@smsupport@york.gov.uk](mailto:parentcarerau@smsupport@york.gov.uk) with your name and a contact telephone number for us to call you on. We will send you a time slot for your 20 minute call. If we receive a high volume of requests we may need to allocate spaces on the session on a first come, first served basis.

- Wednesday 10th September 9 a.m. -12 noon
- Wednesday 24th September 9 a.m. -12 noon
- Wednesday 8th October 9 a.m. -12 noon
- Wednesday 22nd October 9 a.m. -12 noon
- Wednesday 5th November 9 a.m. -12 noon
- Wednesday 19th November 9 a.m. -12 noon
- Wednesday 3rd December 9 a.m. -12 noon
- Wednesday 17th December 9 a.m. -12 noon

This is an admin email address and we are unable to forward or respond to queries via this email. Bookings close the Thursday before the session.

