



## Reception Year Universal Screening and National Child Measurement Programme

Dear Parent/Carer,

The Reception Year is crucial for establishing a good foundation for learning. Many parents/carers report that starting school causes an increase in their child's sleep requirements and for some a change in behaviour. Good routines, a regular bedtime and a balanced diet will all help to keep your child healthy and able to cope with these changes.

The following websites contain information that you may find helpful.

Raise York - <https://www.raiseyork.co.uk/>

Healthier Together (NHS) - <https://www.hnyhealthiertogether.nhs.uk/child-under-12-years>

Finding a Dentist - <https://www.nhs.uk/service-search/find-a-dentist/>

Immunisations - <https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

### **Health Screening in Reception Year**

We offer the following screening programme to all reception aged children.

#### **Hearing Screening**

In reception, a hearing screening is completed with your child. Hearing problems in children are important to detect and treat early as they may affect speech development and progress at school. Some children fail their initial screening due to coughs and colds and are screened again the following school term when the majority then pass. However, if there are still concerns then this will require further investigation. You will be informed of your child's results by letter and if required a referral will be made to audiology at York Teaching Hospital.



## **Vision Screening**

In reception, a vision screening is completed with your child. As children still have developing vision, they sometimes fail their initial screening and are screened again the following school term when the majority then pass. However, if there are still concerns then this will require further investigation. You will be informed of your child's results by letter and if required a referral will be made to ophthalmology at York Teaching Hospital.

## **National Child Measurement Programme (NCMP)**

In reception, your child will be weighed and measured as part of the NCMP. This is carried out during the term in which they have their 5<sup>th</sup> birthday.

Children who take part will remain fully clothed except for their coats and shoes. The information is recorded on your child's existing electronic health record, and you will be sent a letter with your child's results for your information.

You can find more information about the National Child Measurement Programme on the following website -

[www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/](http://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/)

Information on how this data is used can be found on the following website –

<https://digital.nhs.uk/services/national-child-measurement-programme/>

**If you do not wish for your child to receive any of these routine screenings or take part in the National Child Measurement Programme, then please contact us to tell us within 2 weeks of receiving this letter.**

**By email:** [HCS5-19screening@york.gov.uk](mailto:HCS5-19screening@york.gov.uk)

**By post:** Healthy Child Service, West Offices, Station Rise, York YO1 6GA

**By telephone:** 01904 555475



**Public Health Directorate**  
Healthy Child Service  
West Offices  
Station Rise  
YORK  
YO1 6GA

Tel: 01904 555475

E-Mail: [HCS-Secure@york.gov.uk](mailto:HCS-Secure@york.gov.uk)

Webpage: [www.raiseyork.co.uk/healthy-child-service](http://www.raiseyork.co.uk/healthy-child-service)

### **Healthy Child Service - how we use and protect your information.**

We only ask you for the information that we need, and we store it securely. We will only use it or share it when we have reason to or with your consent. We explain what we do with your information in full in our privacy notice. For more information, please follow the link or ask a Healthy Child Service practitioner.

<https://www.york.gov.uk/privacy/HealthyChildService>

### **Contact details**

We would like to take this opportunity to ask that you ensure your child's GP practice has the correct contact details for you.

### **How to contact the Healthy Child Service**

Please contact us if you would like any further advice or information using the contact details at the top of this letter.

Yours sincerely,

City of York Healthy Child Service - School Aged Health Team.

Director of Public Health for City of York: Peter Roderick

[www.york.gov.uk](http://www.york.gov.uk)