

Headlands Primary School Menu 1ST September, 22ND September, 13TH October 2025

Week 1	Monday 	Tuesday	Wednesday	Thursday	Friday
Main Dish	Pasta with Tomato Sauce Garlic bread Cheese (Sauce Optional)	Mince Pasty with Diced Potato	Beef Burger in a Bun Tomato, Lettuce, Onion Optional Sauces Julienne Fries 	Beef Bolognese with Pasta	Battered Fish with Chips
Vegetarian Dish	Cheese & Bean Pasty with Diced Potato	Vegetable Spring Rolls with Egg Noodles	SF Quorn Burger in a Bun Tomato, Lettuce, Onion Optional Sauces Julienne Fries	Vegan dippers with Wedges	Cheese Pizza Baguette with Chips
Jacket Potato	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans
Sandwich	Cheese Sandwich KS2 Cheese Baguette	Ham Sandwich KS2 Ham Baguette	Tuna Sandwich KS2 Tuna Baguette	Ham Sandwich KS2 Ham Baguette	Cheese Sandwich KS2 Cheese Baguette
Accompaniments 	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans
Dessert	Crackers And Cheese	Flapjack	Jelly & Peaches	Beetroot Brownie	Iced Finger
Fresh Fruit Or Yoghurt	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar



MENU



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- 1 OF YOUR 5 A DAY



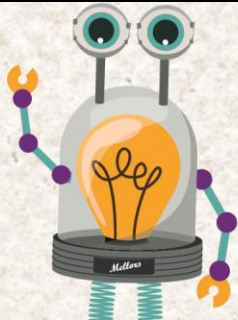
- HEALTHY OPTION

Headlands Primary School Menu 8th September, 29th September, 20th October 2025

Week 2	Monday 	Tuesday	Wednesday	Thursday	Friday
Main Dish	Pasta with Tomato Sauce Garlic Bread Cheese (Sauce Optional)	Beef Taco Tomato, Lettuce Onion, Cheese, Optional Sauces Julienne Fries	Pork Sausage Roast Potatoes Yorkshire Pudding Gravy	Ham and Cheese Pizza with Wedges	Fish Fingers with Chips
Vegetarian Dish	Cheese Pinwheel with Julienne Fries	Quorn Meatballs in Tomato Sauce with Rice	Mini Quiche  Diced Potatoes with Salad	Cheese Pizza with Wedges	Quorn Burger with Chips
Jacket Potato	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans
Sandwich	Cheese Sandwich KS2 Cheese Baguette	Ham Sandwich KS2 Ham Baguette	Tuna Sandwich KS2 Tuna Baguette	Ham Sandwich KS2 Ham Baguette	Cheese Sandwich KS2 Cheese Baguette
Accompaniments 	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked beans	Seasonal Vegetables Baked Beans
Dessert	Chocolate Crispy	Ginger Cookie	Shortbread	Choc Apple Cake & Custard	Ice Cream
Fresh Fruit Or Yoghurt	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar



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- HEALTHY OPTION

Headlands Primary School Menu 15th September and 6th October 2025

Week 3	Monday 	Tuesday	Wednesday	Thursday	Friday
Main Dish	Pasta with Tomato Sauce Garlic Bread Cheese (Sauce Optional)	BBQ Chicken Skewers with Rice	Mini Cottage Pie Yorkshire Pudding Gravy 	Cheese & Pepperoni Pizza with Jullien Fries	Sausage Roll with Chips
Vegetarian Dish	Cheese Pasty with Wedges	Veggie All Day Breakfast Sausage, Egg, Beans Hash Brownie	Mini Veggie Cottage Pie Yorkshire Pudding Gravy	Vegetarian Chicken Strips with Salad in a Wrap with Julienne Fries	Vegan Nuggets with Chips
Jacket Potato	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans	Jacket Potato Cheese, Tuna or Beans
Sandwich	Cheese Sandwich KS2 Cheese Baguette	Ham Sandwich KS2 Ham Baguette	Tuna Sandwich KS2 Tuna Baguette	Ham Sandwich KS2 Ham Baguette	Cheese Sandwich KS2 Cheese Baguette
Accompaniments 	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans	Seasonal Vegetables Baked Beans
Dessert	Plain Scone with Jam	Iced Lemon Cake	Chocolate Cookie	Sticky Toffee Cake & Sauce	Fruity Friday
Fresh Fruit Or Yoghurt	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar	Fresh Fruit or Yoghurt Fresh Bread Fresh Salad Bar



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