



York School Sports Network

Dear Parent/Carer

Re: YSSN (East) Cross Country Competition

Your son/daughter is invited to take part in the YSSN Cross Country competition on Monday 14th October 2024. The **event will be held at Askham Bryan College (YO23 3FR) and will run from 5pm to 6.15pm** catering for year 1 – 6 in the following races. (Times estimated)

5:00pm – 5.10pm year 1 & 2 boys and girls (600 metres). Year groups will be called out separately. (No county round available.)

5.10pm – 5.25pm year 3 boys and girls (1200 metres)

5.25pm – 5:40pm year 4 boys and girls (1200 metres)

5:40pm – 5:55pm year 5 boys and girls (1500 metres)

6:00pm – 6:15pm year 6 boys and girls (1500 metres)

NB - boys and girls will compete in separate races.

DUE TO THE NUMBERS THAT ATTEND THIS EVENT, IT IS DIFFICUT TO TALK TO THE WHOLE CROWD. WE WILL ANNOUCE OVER A TANNOY EACH RACE NUMEROUS TIMES ALONG THE LINE OF SPECTATORS. PLEASE LISTEN OUT FOR YOUR YEAR GROUP. RUNNERS WILL THEN MAKE THEIR WAY TO THE START GAZEBO TO THE RIGHT OF SPECTATORS AND CAN BE COLLECTED FROM THE GAZEBO TO THE LEFT OF SPECTATORS.

Askham Bryan buses will be leaving at 4:30pm so please try to avoid this time if possible. Please arrive on site by 4:45pm regardless of your race time to ensure you do not miss the start.

Askham Bryan have arranged for refreshments (teas and coffees) to be available to purchase during the event. I would like to extend a big thank you to Askham Bryan for their support with this year's cross-country event. They also provide a lot of leaders for all our events and have become a great partner for the network.

This event is: OUTDOOR

GENERAL INFORMATION

- Please ensure the children are accompanie by the appropriate responsible adult(s) who will stay with the children throughout the event.
- Please ensure the children bring a drink and any necessary refreshments with them.
- **Parents travelling with each pupil are responsible for children having vital personal first aid equipment and medication: inhalers, epi pens etc and its distribution**
- Please ensure children are correctly prepared for the event they are to participate in – i.e. wearing suitable footwear for rough, potentially muddy ground and clothing appropriate for the weather. The race will be on grass, so football boots are allowed.



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- Please make sure we treat the facility with respect and make sure you take any litter away with you.
- Mrs Long will also be attending.

Parking – pick up and drop off

Parking is available on site and will be signposted. **This is a very popular event and parking is always a challenge so if you can share transport, please do so to help us with parking.** Once parked, there will be signposts and volunteers to direct you to the start line.

Race details

A student will run at the back of each race to keep an eye on any runners who drop off the pace.

Please advise your child not to push or rush at the start as there is plenty of time in the races to move up positions. Please help keep spectators off the course and back from the edge of the finish tunnel as it makes it much easier for the finish line officials.

The finish of all races will involve running across the official race course finish line into a funnel system which will sort them into their finishing order.

At the end of each race, participants must be collected from a holding area by parents. This will be a gazebo to the left of spectators.

We will record the top 8 boys and 8 girls from year 3-6. We are looking at running a county cross county later in the year and I will send details through school to those who qualify. The details for the finals haven't been confirmed but it is looking like the top 8 boys and top 8 girls from year 3-6 will be invited.

TO CONFIRM YOUR CHILD'S ATTENDANCE, PLEASE COMPLETE THIS FORM:

<https://forms.office.com/e/scWgqt0Uy3>

If you require any further information, please do not hesitate to contact me on kdavies1@ahs.pmat.academy

Many thanks

Kevin Davies



School Sports Manager