



Directorate of Economy and Place

West Offices

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BIKEABILITY CONSENT FORM

Learning to ride a bike safely is a major step in children's lives, and we are pleased to be writing to let you know that your child's school has booked Bikeability training with City of York's road safety team.

Each child will have the opportunity to take part in a **Bikeability Level 1 and 2 Combined Cycle Training Course** which will take place during school time. This course is designed for children who are already able to cycle. - To progress to Level 2, your child must meet the Level 1 outcomes and the instructors need to be confident your child will be safe on public roads. If for any reason this is not the case, we will try to provide additional instruction on the playground (dependant on instructor availability). You can read more about the levels below:



Level 1 takes place in an off road environment and teaches riders how to control and master their bikes



Level 2 gives participants on-road experience in residential traffic to help them prepare to make short journeys by bicycle



Level 3 teaches individuals the skills to ride effectively on more complex roads and in further challenging traffic situations

What is Bikeability?

Bikeability is the government's national cycle training programme. It helps build practical skills and understanding of how to cycle on today's roads. Bikeability gives everyone the confidence to cycle and enjoy this skill for life.

Bikeability can not only make children better cyclists - potentially for the rest of their lives - but can help with general confidence and independent thinking. To find out more, visit www.bikeability.org.uk





Dates – Group 1: Monday 23rd September, Tuesday 24th September, Monday 30th September & Tuesday 1st October

Group 2: Monday 14th October, Tuesday 15th October, Monday 21st October & **Wednesday** 23rd October

Parents will receive a text to let them know when their child should bring their bike and helmet.

Cost – We ask for a voluntary donation of a recommended £10 per child.- Please follow the link and click on the red button to make a payment. By making a voluntary donation you are helping to ensure the future of Bikeability in the City of York primary schools.

<https://www.york.gov.uk/BikeabilityTraining>

What will each child need?

- A completed & signed consent form. Please note that Bikeability places may be limited, and places will be booked on a first come basis. Send in your form to school **by Friday 20th September at 9am**. We will not be able to deliver the training if your child does not have a completed form.
- Suitable clothing for the weather conditions (eg coat, gloves if cold)
- Pupils will need to bring a roadworthy bike on the day of training
- We require all children taking part in the training to wear a cycle helmet that fits securely. Loan helmets can be provided for the training on request.

A roadworthy bike has:

- Inflated tyres, as hard as an apple
- Two working brakes
- A well-oiled chain
- A saddle and handlebars which are fixed on tight

For tips on how to check your bike is roadworthy, visit

<https://bikeability.org.uk/bikeability-training/get-ready/>. If you are still unsure, please seek the advice of a professional mechanic in advance of Bikeability cycle training.





BIKEABILITY CONSENT FORM

Dear Parent / Carer

Great news! Your child has been offered the opportunity to take part in Bikeability cycle training. We need your consent for your child to participate in the activity, so please complete this form and return the form to your child's school.

Please note: If your child is unable to demonstrate reasonable control of their bike, or the instructors feel they will be unsafe on the road for any reason, they might not progress from Level 1 to the on-road Level 2 training. In such instance, additional support may be offered (depending on instructor availability) to help your child on the playground with a view to progressing on to Level 2.

Name of child:

School/Organisation:

Class:

Any Medical or SEN information helps to ensure we provide the most appropriate training and level of support.

If your child has any medical conditions, please let us know here:

If your child has any additional or special educational needs, please let us know here:

Photo Consent:

I am happy for photographs or videos to be taken of my child during Bikeability cycle training. These images may be used by the school, training provider or Bikeability Trust to promote the programme.

Yes No

Commented [TL1]: Will they need the CYC consent form?

Commented [TL2R1]: No they don't need the CYC one





For my child to take part in Bikeability, I confirm the following:

	Tick to confirm
My child can ride a cycle (if they are unable to cycle, please ask if there is the possibility of learn to ride sessions)	
My child is medically fit to take part	
My child will bring a roadworthy cycle. I understand that cycle training will be refused if their bike is not suitable. (If they do not have a suitable bike, or you cannot get it to school easily, please ask about a loan bike)	
I would like my child to use a loan helmet for the training	
My child will have weather appropriate clothing	
My child is responsible for their own behaviour, and I understand that cycle training may be refused if my child's behaviour puts them at risk to themselves or others	
I have read all the information; I understand the Level 2 training takes place on Public Roads, that my child will only progress to L2 if they are deemed ready to do so. I give consent for my child to take part in each level of Bikeability training	

Please could you answer the following questions:

How does your child usually travel to school? (circle one)

Walk Cycle Scoot Car Bus Combination

Do you think your child will cycle more frequently once they have completed their Bikeability? (circle one) YES NO

Will you feel more confident to allow them to cycle to school once they have completed the Bikeability? (circle one) YES NO

Signed (Parent/Carer) **Date**

All information is treated with confidence and held in compliance with the Data Protection Act 1998.

Thank you for completing this form. We hope your child enjoys the training and finds it beneficial.

Please also complete the rider characteristics form





Rider Characteristics Form

Delivery of this cycle training is subsidised by The Bikeability Trust. To support the equal delivery and monitoring of cycle training across England, the Bikeability Trust is required to collect information about rider characteristics. This data will enable the Trust to demonstrate the need for additional funding and target interventions to ensure every child can receive Bikeability cycle training.

Please complete the following fields, which will be fully anonymised.

Gender – please tick

Male Female Other Prefer not to say

Ethnicity

- | | |
|--|---|
| <input type="checkbox"/> Asian - Bangladeshi | <input type="checkbox"/> Asian - Chinese |
| <input type="checkbox"/> Asian - Indian | <input type="checkbox"/> Asian - Pakistani |
| <input type="checkbox"/> Asian - Any other Asian background | <input type="checkbox"/> Black - Black African |
| <input type="checkbox"/> Black - Black Caribbean | <input type="checkbox"/> Black - Any other Black background |
| <input type="checkbox"/> Mixed - White and Asian | <input type="checkbox"/> Mixed - White and Black African |
| <input type="checkbox"/> Mixed - White and Black Caribbean | <input type="checkbox"/> Mixed - Any other Mixed background |
| <input type="checkbox"/> White - Gypsy/Roma | <input type="checkbox"/> White - Irish |
| <input type="checkbox"/> White - Traveller of Irish Heritage | <input type="checkbox"/> White - White British |
| <input type="checkbox"/> White - Any other White background | <input type="checkbox"/> Any other ethnic group |
| <input type="checkbox"/> Any other ethnic group - Arab | <input type="checkbox"/> Prefer not to say |

Special Education Needs and Disability

Yes No Prefer not to say

Pupil Premium Eligible

Yes No Prefer not to say

Please return the completed form to your child's school with the consent form.
Thank you.

