

Headlands Primary School: Monday 16th September 2024

Open Evening in partnership with Headlands Primary School and Haxby Playgroup



We warmly invite families of children starting school in **September 2025 and September 2026** to visit our school and pre-school setting on **Wednesday 23rd October 2024**.

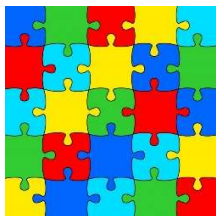
Both our amazing settings will be available to explore between **4.45-5.30pm** where you will be able to meet children and staff, ask questions and experience the richness of our high quality education.

There will be an introduction to the school by the Headteacher at 4.30-4.45pm and 5.30-5.45pm in the school hall.

Please pass this on to any families who have children starting school next year. Thank you.



PSHE



This year we are continuing to follow the 'Jigsaw' scheme of work during our weekly PSHE sessions.

This half term, our unit is: '**Being Me in my world**'. On the website, in the curriculum area, you will find a key vocabulary for each of the year groups. Here you will also find further information about the scheme of work.

If you have any further questions or queries, please contact Mrs Benson (PSHE lead)

PTA AGM

The PTA Annual General Meeting (AGM) will be held on Wednesday 18th September in School at 5pm. All are welcome.



As a fundraising stream, Headlands PTA have signed up to the **easyfundraising scheme**.

Please download the app and when you make a purchase the company will donate a percentage into our PTA pot.

Brands include: ebay, Argos, John Lewis, M&S, Tesco, Booking.com, Currys, Trainline Dunelm and Pets at home

Asda rewards cash pots. Between now and 30th November every time a customer shops with Asda using the rewards app, Asda will donate 0.5% of the value of their shop to a chosen school. You would need to download the Asda rewards app and choose Headlands Primary School cash pot.

School photographs



The school photographer will be in school on Friday 27th September to take individual and sibling photographs.

For those families with **pre-school children** wishing to have a group sibling photograph, please arrive at the main school office between

8.30-9.00am. For all other sibling within school, photographs will be taken during the school day.

Vaccination UK

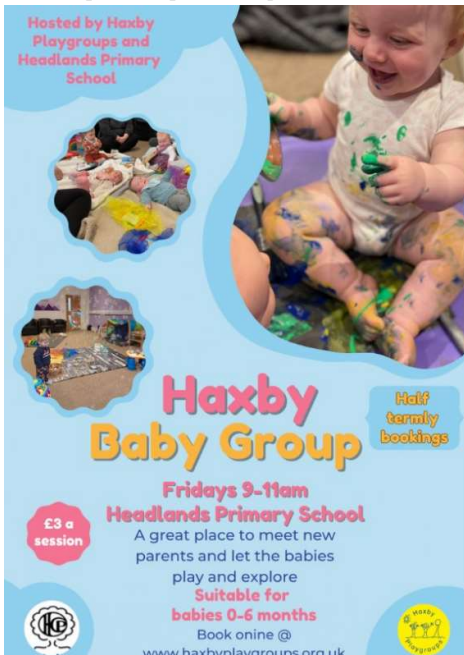


Vaccination UK is attending Headlands Primary School administering flu vaccinations for pupils in Reception to Year 6 on Thursday 3rd October 2024. For your child to receive their Nasal flu vaccination in school, please complete a **YES** consent form using the link below.

<https://yny.schoolvaccination.uk/flu/2024/northyorkshire>

If your child **cannot** have the Nasal spray, the injectable flu vaccine is available, and you will be able to choose that method on the consent form. If you **DO NOT** wish for your child to have a flu vaccination, please complete a **NO** consent via the same link.

Haxby Baby Group based at Headlands



We are delighted to announce our new Baby Group which meets at Headlands Primary School on a Friday 9-11am.

For further information and to book your place, please use the following link:

http://www.haxbyplaygroups.org.uk/?page_id=888

We look forward to welcoming you and your baby.

Haxby Playgroup Bake Sale

On Friday 20th September, from 3.00pm onwards, Haxby Playgroup at Headlands are holding a Bake sale to raise funds for equipment for the setting.

Dates for your diary

18.09.2024: PTA AGM in school 5pm

20.09.2024: Haxby Playgroup Bake sale from 3pm onwards

26.09.2024: Year 4 Swimming 1/5

27.09.2024: School photographs

03.10.2024: NHS Flu Vaccinations

03.10.2024: Year 4 Swimming 2/5

10.10.2024: Taster session for Parent Support Group run by Family Matters at Headlands

10.10.2024: Year 4 Swimming 3/5

17.10.2024: Parent Support Group

17.10.2024: Year 4 Swimming 4/5

21.10.2024: **Training Day – School closed**

23.10.2024: Open evening for parents of Reception children starting school in 2025/26

24.10.2024: Year 4 Swimming 5/5
24.10.2024: Parent Support Group
25.10.2024: Break up for half term
25.10.2024: PTA disco



Best wishes,
Headlands Primary School



FAMILY MATTERS YORK

In partnership with



HANDLING ANGER IN THE FAMILY

5 FREE PARENT/CARER SUPPORT SESSIONS
OCT/NOV 2024

ALL families experience anger & conflict.
It's normal!
But how often do we talk about it?



Join us for these FREE sessions
to understand more about

- Anger as a big emotion
- Anger triggers
- Boosting self-esteem
- Realistic expectations in relationships
- Communicating calmly
- Handling conflict well

Share with others & find
you're not alone!

HEADLANDS
PRIMARY
SCHOOL
HAXBY
YO32 2YH

STARTING THURSDAY
17TH OCTOBER 2024
9AM CUPPA.
9.30 - 11.30AM SESSION
5 WEEKLY SESSIONS

FREE
COURSE

SIGN UP:

www.fmy.org.uk/york

jenwootten@fmy.org.uk

Tel: 07393 147259



CHAT SHARE SUPPORT





NEWS LETTER

connect@pcf.york.co.uk

Welcome Back

WELCOME BACK TO OUR NEWSLETTER which comes out every fortnight and details social events, training offers, updates and support signposts.

We are funded by health and education services in York and work along side them as the recognised body of parent carers in York. By becoming a member (visit our website to sign up) and / or attending our events we will use your family experience anonymously to add to our work in making sure that decisions and plans are informed and written jointly with us.

All parent carers are welcome to our events advertised.



Coffee Morning

Come Join us for a peer support coffee morning. All welcome. The first drink is on us. This informal meet up is a great way to share your experiences and get tips from others like you

Tuesday 17th September, 10:30

Explore library, Acomb

Tuesday 1st October 10:30

Folk Hall, New Earswick

Online Cuppa and Chat

Friday 27th September 7:00pm

It may be you are unable to attend the coffee mornings above.

We would be delighted if you'd join us online for a friendly hour of chatting and listening to others in similar situations.

For joining link email Connect@pcf.york.co.uk



NEWS LETTER

Peter Roderick, Director of Public Health at York

Peter is writing an independent annual report on the health of the city to CYC's Full Council, and this year he is focussing on the health of adolescents. Help us share your views by completing the form

<https://forms.gle/5ke2TW5QgFeOQ7YK8>

and / or attending the listening Event on **Tuesday 8th October at 6:30 online** Email Connect@pcf.york.co.uk to attend this meeting and you will be sent a Teams link.



Supporting your child with mental health differences?

Yormind offer tailored information, advice and support to parents and carers who are concerned about their child or young person's mental health. You can speak over the phone, or chat online. This is a free online service. Follow the link to find out more

<https://www.youngminds.org.uk/parent/parents-helpline/>

Dealing with different issues, managing in different ways

Have you looked at our newly refreshed website ?
Visit <https://www.parentcarerforumyork.org>

YORK Learning

Family Learning



How Children Learn Maths

A practical 10 week course for parents and carers to show how children are taught Maths in Primary Schools. You will learn how teaching progresses from Reception through to Year 6.

You will share ideas and fun activities that will help you support your child's learning at home.

Tuesday mornings 9.30 - 11.30, 24 Sept - 4 Dec

St Nicholas Church Hall, Wigginton

Thursday mornings 9.30 - 11.30, 26 Sept - 6 Dec

Acomb Explore Library, Front Street

Thursday afternoons 12.45 - 2.45, 26 Sept - 6 Dec

St Aelred's Community Centre, Fifth Avenue

Monday evenings online 7.30 - 9.00, 23 Sept - 3 Dec

You can do a Maths qualification in the follow on course.

For more information call 01904 554277
email york.learning@york.gov.uk or
visit www.yorklearning.org.uk





Autism Support for Parents from the Specialist Teaching Team for Autism

Wednesdays Autumn 2024

**Fortnightly Topic Talks Wednesdays in Autumn Term 2024:**

Early Years 18.9.24 - 10-11a.m. online & 1.30-2.30 p.m. in person
Masking 2.10.24 - 10-11a.m. online & 1.30-2.30 p.m. in person
5-Point Scale 16.10.24 - 10-11a.m. online & 1.30-2.30 p.m. in person
Autism and Adolescence 6.11.24 - 10-11a.m. online & 1.30-2.30 p.m. in person
Comic Strip Conversations 20.11.24-10-11a.m. online & 1.30-2.30 p.m. in person
Coping with Christmas 4.12.24 - 10-11a.m. online & 1.30-2.30 p.m. in person

Parent Group: Topic Talks virtual (a.m.) and repeated in person (p.m.)

Topic Talks led by the Specialist Teaching Team for Autism, including time for questions and peer support.

Virtual: 10-11 a.m. On Microsoft Teams. Due to confidentiality issues, we will be unable to discuss named children during this time.

In Person: 1.30-2.30 p.m. at The YKS All About Autism Hub, Clifton Children's Centre, (in front of Clifton Green School), YO30 6BF.

Fortnightly Phone line (mornings) and drop-in (afternoons) Autumn 2024:

Wednesday **11th September** 9 a.m. -12 noon & 1.30 - 2.30 p.m.
 Wednesday **25th September** 9 a.m. -12 noon & 1.30 - 2.30 p.m.
 Wednesday **9th October** 9 a.m. -12 noon & 1.30 - 2.30 p.m.
 Wednesday **23rd October** 9 a.m. -12 noon & 1.30 - 2.30 p.m.
 Wednesday **13th November** 9 a.m. -12 noon & 1.30 - 2.30 p.m.
 Wednesday **27th November** 9 a.m. -12 noon & 1.30 - 2.30 p.m.
 Wednesday **11th December** 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Parent/Carer Phone Line and Drop-in

The Specialist Teaching Team Autism are offering parents/carers the opportunity to talk to a member of the team regarding general issues and concerns about children/young people with autism.

Phone line support: 9-12 noon 20 minutes is allocated per phone call.

In person drop-in support: 1.30-2.30 p.m. at The YKS All About Autism Hub, Clifton Children's Centre, (in front of Clifton Green School), YO30 6BF

To book a 20 minute phone line call or to book your virtual place on a Microsoft Teams Topic Talk session, please email your name stating which Topic Talks you would like to book to: parentcare@autismsupport@york.gov.uk. For phone support, we require your name and a contact telephone number for us to call you. We will send you a time slot for your 20 minute call. If we receive a high volume of requests we may need to allocate spaces on the session on a first come, first served basis. **This is an admin email address and we are unable to forward or respond to queries via this email. Bookings close the Thursday before the session. For in person drop-in sessions, you do not need to book and you are welcome to simply arrive on the day. Please be aware, sessions may be busy and you may need to wait to speak to a member of the team.**

Autism Arena

We were pleased to visit the launch of this new non-profit community interest company that helps parent carers of autistic children navigate health & social care, education and leisure.

We have already advertised several activities via social media. Visit their website to sign up for their newsletter and explore <https://autismarena.org.uk/>



Save the Date Workshop with Daisy Chain

10th October 10:00 am -12:00 noon,

Explore library, York

Understanding autistic overwhelm, melt down and shoot down

24th October 24 10:00 am - 12:00 noon,

Folk Hall, New Earswick

Understanding sensory processing differences

Spaces will be limited and advertised through Eventbrite from Friday 27th September